



TOWN OF LOXAHATCHEE GROVES
TOWN COUNCIL MEETING AGENDA
TUESDAY, JULY 21, 2015 @ 7:00 P.M.

ADDENDUM #3: Please insert under New Business, 10.c.:

Discussion and Consideration for a Town Donation to sponsor Christina Cooney from the Vinceremos Therapeutic Riding Center in Loxahatchee Groves. Miss Cooney has been selected to join the Special Olympic Equestrian Team as one of eight (8) riders who will represent the United States at the World Special Olympic Games in Los Angeles in July 2015.

Mayor David Browning (Seat 4)

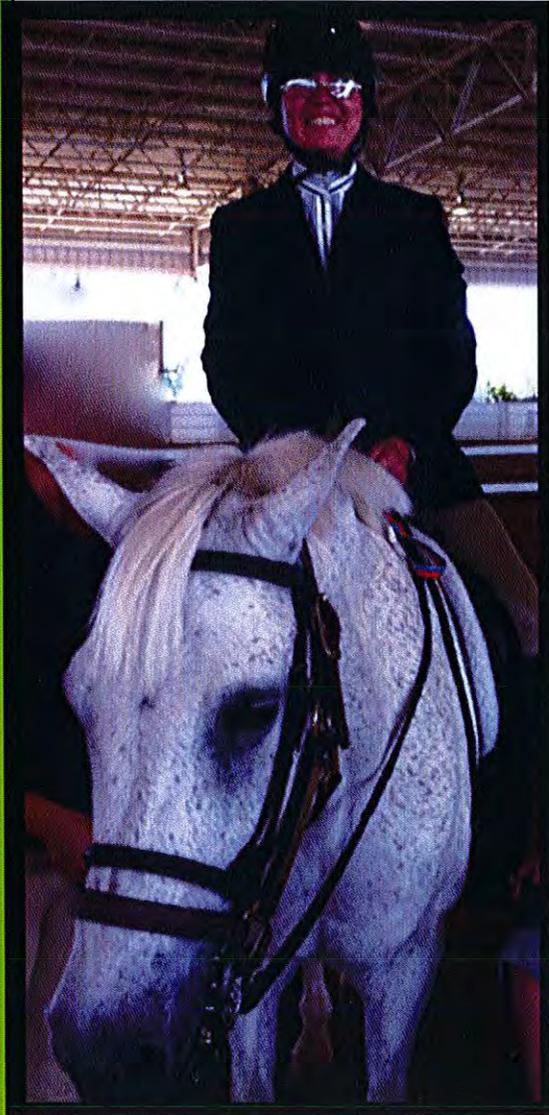
Vice Mayor Ron Jarriel (Seat 1)

Councilman Tom Goltzené (Seat 5)

Councilman Ryan Liang (Seat 3)

Councilman Jim Rockett (Seat 2)

The Vinceremos Effect Ability overcoming Disability



Christina Cooney has been passionate about horses and horseback riding since her first lesson at Vinceremos 23 years ago. Her dedication and skills as a top equestrian have now been recognized nationally. Christina has been selected to join the Special Olympic Equestrian Team as one of only eight riders that will represent the United States at The World Special Olympic Games in Los Angeles in July 2015. This world class competition will include 7,000 competitors from 177 countries, they will come for the games and leave with new friends. Many other sports will participate including swimming, basketball, soccer and track and field.

Christina's dedication to her sport and her horses begins each day at 7:30, she arrives at Vinceremos as a part of the team that cares for the horses. Grooming, feeding and riding are part of that daily routine. Christina knows every horse and all their idiosyncrasies and they all know and love her. She is easily understood by the horses, our ability to communicate isn't always as skillful as our four legged friends. We are reminded of our disabilities

when efforts to sign are mistaken for a beginners game of charades. Christina may live with disabilities but she competes with the heart of an Olympian. So join us in congratulating Christina on this amazing accomplishment and wish her the best of luck as her determination now reaps another reward.

DONATION CARD

The generosity of our donors has allowed VTRC to develop a debt free facility that serves as the base for the Center's activities.

I would like to assist with a contribution of:

_____ Equipment for therapeutic riding/hippotherapy (\$25- \$800)

_____ Scholarship for a Week/Month/Year (\$50/\$200/\$2,400)

_____ Adopt a Horse for a Month/Year (\$400/\$4,800)

_____ Barn supplies for a Month/Year (\$300/3,600)

_____ I would like to donate equipment/services/volunteer time

_____ I wish to support VTRC with a tax-deductible donation of \$ _____

Name: _____

Street: _____

State/Zip: _____

Phone: _____

Fax: _____

\$ _____ Check \$ _____ Credit Card

Credit Card Number _____

Exp Date _____ Print Name On Card _____

Authorized Signature _____

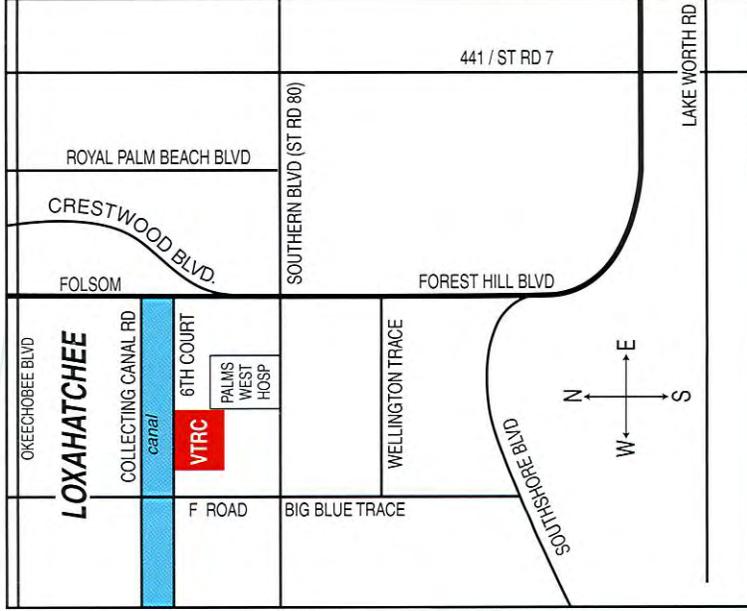
Vinceremos Therapeutic Riding Center is a 501(c)(3) non-profit organization. (Federal Tax ID # 59-2274451)
Donations are deductible to the extent allowed by Federal law.

WHO COMES TO VINCEREMOS

Little ones as young as two years old all the way up through adults in their 70s regularly attend the program for recreation or therapy. People diagnosed with cerebral palsy, mental retardation, autism, head injury and strokes have all benefited from the gentle movement of the horse. Vinceremos is happy to be the training home for numerous Special Olympics medallists.

WHERE IS VINCEREMOS

Vinceremos owns 15 acres adjacent to Palms West Hospital in Loxahatchee. Give us a call to schedule a visit 561-792-9900.



Vinceremos Therapeutic Riding Center
13300 Sixth Court North
Loxahatchee, FL 33470
561-792-9900

ABOUT VINCEREMOS

Vinceremos Therapeutic Riding Center is a 501(c)(3) Not-for-Profit organization that has been providing recreational horseback riding to those with physical disabilities in Beach County since 1982.

Vinceremos means "to conquer" in Latin. The horse is a symbol of rhythmic movement along with a sense of purpose, has helped conquer challenges associated with physical disabilities. Vinceremos coordinates physician/therapist referrals, based programs and individualized programs for children and adults with developmental and psychological disabilities.

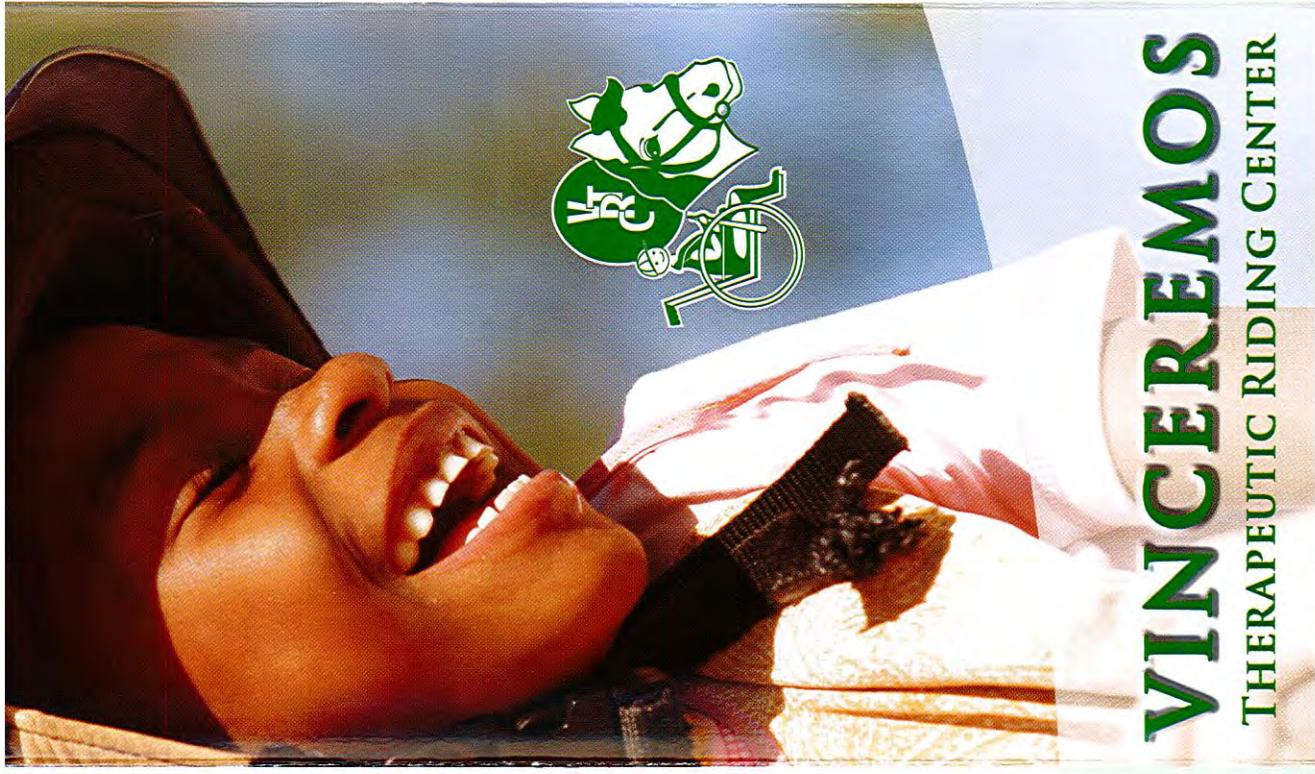
All Vinceremos staff are American Riding Instructors (ARI) and have been selected for their ability and rhythmic gates.

PROGRESS THROUGH TIME

- 1982 Incorporated and began Riding Program
- 1995 Purchased 15 acres in Loxahatchee
- 1996 Retired debt on property
- 2004 Added Hippotherapy Program
- 2006 Added Equine Facility
- 2007 Psychotherapy Program Added



Ruth Menor, Executive Director



VINCEREMOS

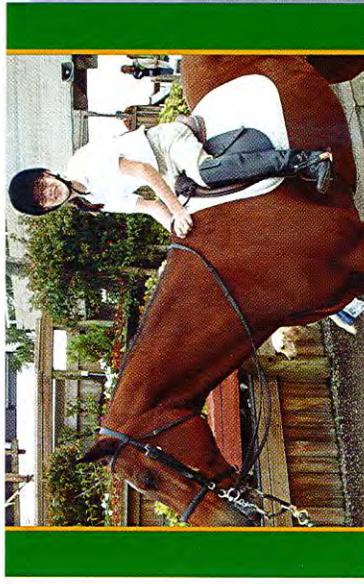
THERAPEUTIC RIDING CENTER



Therapeutic Riding

Therapeutic riding offers a unique opportunity for those with limitations to be empowered with a sense of pride, accomplishment and independence. Achieving the ability to communicate with and control a 1,000lb. animal can take confidence to great heights. Therapeutic riding teaches actual riding skills utilizing the horse as a therapeutic, instructional tool. The lessons are structured so that each rider increases his or her abilities at their own pace. Many riders excel to become very proficient and independent riders. This secure yet challenging environment helps clients reach goals such as:

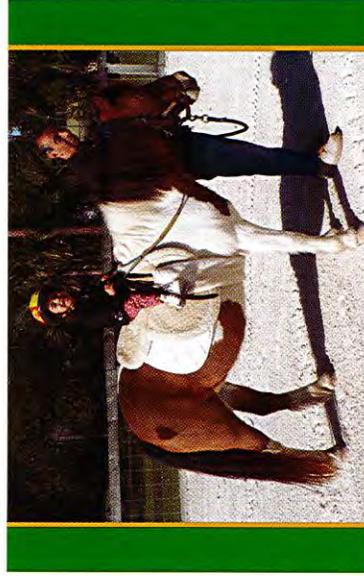
- Strengthen postural control and core balance
- Improve motor function
- Increase ability to concentrate
- Gain a greater sense of self-esteem and accomplishment
- Enhance communication and social skills



Hippotherapy

Hippotherapy literally means "treatment with the help of a horse" from the Greek word "hippos" meaning horse. An occupational, physical or speech therapist utilizes the horse's movement to achieve functional outcomes. In hippotherapy the horse influences the client. The client is positioned on the horse and actively responds to its movement. Specific riding skills are not taught (as in therapeutic horseback riding); but rather a foundation is established to improve neurological function and sensory processing. This foundation increases:

- Postural strength
- Range of motion
- Endurance
- Ability to concentrate and follow directions
- Motivates improved speech and behavior



Horses for Heroes

As many injured service men and women continue to return to the United States, we are honored and privileged to offer a new program that provides therapy to our injured service personnel.

VTRC will now offer, at no cost, a way for service personnel and their families to experience the benefits of riding and therapy without the confines of a typical clinical setting. The benefits of riding include:

- Independence
- Balance, Strength and Endurance
- Self-Confidence

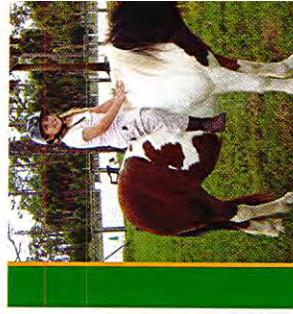
VTRC is proud to be partnering with Horses for Heroes with the goal of serving those who have served us. For more information about Horses for Heroes as a national program visit www.narha.org/narhahorsesforheroes.asp.



Equine Facilitated Psychotherapy

VTRC is introducing yet another program that has received widespread attention. This program is called "Equine Facilitated Psychotherapy" (EFP). Clinical studies indicate that equine facilitated psychotherapy can have a positive impact for those dealing with anxiety, attachment, attention deficit disorders, addictions, depression, traumatic stress and relationship issues. EFP is a specially designed interactive therapy program that promotes personal growth by:

- Improving awareness and self-esteem
- Developing trust in a safe environment
- Encouraging responsibility
- Providing communication and problem-solving skills
- Enhancing choice-making skills
- Promoting pro-social attitudes



HOW YOU CAN HELP

CALL US

We hope that you will join us in our efforts to share the healing power of horses with those who have disabilities. If you would like to help, please contact the office at 561-792-9900.

DONATE

Vinceremos depends on donations from the community as each year VTRC must overcome the economic challenges of operating without the support of government funding. Donations have been made through the following methods:

- Foundation Grants
- Individual Contributions
- New & Used Horse/Farm/Office Supplies
- Horse Sponsorships
- Memorial Contributions

FUNDRAISERS

Vinceremos has numerous fundraisers throughout the year, but VTRC's biggest fundraiser is the Annual Benefit Auction, Dinner and Dance. For these events to be a success VTRC needs:

- Corporate Event Underwriters
- Individual Sponsors
- Items for auction or raffle
- Volunteers
- Attendees

VOLUNTEER

Volunteers are vital to the success of VTRC. With only three full-time employees, we need the help of our volunteers to help us:

- Barn Maintenance
- Riding Lessons
- Horse Care
- Fundraising Events

